

Hand Washing

	<p>Roll up my sleeve.</p>
	<p>Turn on the tap.</p>
	<p>Wet my hands.</p>
	<p>Put soap on my hands.</p>

	<p>Rub my hands together.</p>
	<p>Rub the front and back of my hands.</p>
	<p>Rub my fingers.</p>
	<p>Rub my hands together again.</p>

	<p>Rub my thumbs.</p>
	<p>Rub the tips of my fingers.</p>
	<p>Wet my hands to wash the soap away.</p>
	<p>Sing 'Happy Birthday' while I wash my hands.</p>

	<p>Turn off the tap with a paper towel.</p>
	<p>Put the paper towel into a bin.</p>
	<p>Dry my hands.</p>
	<p>Put the paper towel into a bin.</p>